

# Sovereign Care Limited

# Filsham Lodge

## Inspection report

137 - 141 South Road  
Hailsham  
East Sussex  
BN27 3NN

Tel: 01323844008

Date of inspection visit:  
19 March 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

About the service:

Filsham Lodge is situated on the outskirts of Hailsham. The service provides nursing care and support for up to 53 older people, some of whom are living with dementia. The home has two separate units, Ash and Beech. There were 52 people living at Filsham Lodge at time of our inspection, all of whom were in receipt of nursing care and a majority of whom were living with dementia.

We found the following examples of good practice.

The premises was clean and hygienic and there was a designated housekeeping team. The cleaning schedule included cleaning of frequently touched surfaces and there were infection control posters throughout the premises to promote good practice.

Staff were provided with adequate supplies of PPE and were seen to be wearing this appropriately. Staff had received specific COVID-19 training from the provider, and this included guidance for staff about how to put on and take off PPE safely. Updates and refresher training took place to ensure all staff followed the latest good practice guidance. They were seen to be following correct infection prevention and control practices (IPC). Hand sanitiser was readily available throughout the home. The deputy manager and clinical lead were the infection control leads for the home and undertook spot checks on staff practice. The registered manager also did daily walk rounds to observe practice and support staff and people.

The service have not to have had an outbreak of COVID-19 and have continued to accept admissions to the home. All new arrivals to the home are only accepted with a negative polymerase chain reaction (PCR) test and isolate for 14 days once arrived.

Staff supported people to remain in contact with their families by phone and video calls during the pandemic. There was a visiting policy to support safe visiting that reflected the latest government guidance. This included individual risk assessments for each designated visitor along with a lateral flow device test (LFT) before each visit, and the wearing of appropriate PPE. The sensory room was now being used as a meeting room if and when required.

Regular testing for people and staff was taking place. There had been changes to testing following their outbreak of COVID-19 as staff who tested positive were not tested for 90 days as per government guidance. Routinely all staff have a weekly PCR and twice weekly lateral flow test (LFT). In addition, they have their temperatures taken daily. People have a monthly PCR test with daily temperatures.

The premises has good sized communal rooms and people who chose to visit the dining areas or communal areas were supported by staff to maintain social distancing. For example, chairs and tables had been re-arranged to allow more space between people. We were assured that there was always a member of staff in

the communal areas to assist people in maintaining a safe distance.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Filsham Lodge

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 19 March 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.